

March is Developmental Disabilities Awareness Month

Volume 7 Issue 5

RNI's Stephan receives CARE Award



RNI, Inc. is very proud to recognize Ryan Stephan as the recipient of the Self-Advocate CARE Award from RCBDD! Ryan is a strong advocate who speaks up for himself and works to create positive change in the community through his efforts. His advocacy includes speaking engagements and volunteer service.

His SSA, Madi, shared on her nomination: "Ryan has advocated for himself during his team meetings to make significant changes to

his life and the way he receives services. He has been working extremely hard to gain more independence and continues to prove himself by taking on more responsibility. He is an excellent communicator and a dependable, hard worker."

MARCH 2025

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RNI, Inc. attended Step into Spring 2025







March is Developmental Disability Awareness Month



The City Garden Cafe not only has great food, but it also has shift supervisors Brian Moran and Sean Conrad. Chances are if you have been to the City Garden Cafe, you have met at least one of them. They are the faces behind the counter taking orders, preparing food, and providing excellent customer service. Sean has been working at the cafe for 10 years and Brian has been there nearly 6. Both guys love their job and look forward to serving you! Stop by the City Garden Cafe for a meal, a coffee, or just to say hello.

Jason Runkle has been employed by Wendy's since June 2018. He enjoys keeping the dining area nice and clean. When he is not working, he enjoys exercising, listening to music, watching movies and attending Catholic church services. He is excited to be able to participate in the Special Olympics for basketball this season.





Abby Sargent has worked at RCJFS for 17 years. She is responsible for putting the enrollment packets together. When she is not working, she spends time with her family and enjoys being the party planner. She is a Cavs fan as well as fan of professional wrestling. Her dream is to meet Randy Orton one day!

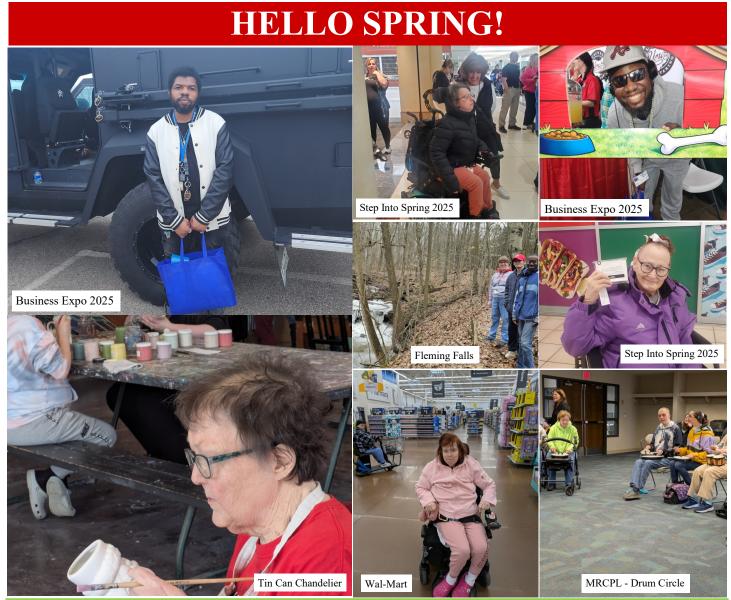
Victoria Kehl has been employed at Auto Zone for nearly 2 years. She works at the front counter answering questions, running the cash register, and assisting customers with finding the correct vehicle parts. She uses a handheld computer to run a diagnostic to determine if batteries are good or bad, then can help the customer get the correct one if needed. Keep up the good work Victoria!





Frank Morbitt is excited to start his new job in the community. Frank spent two weeks at the Outback Steakhouse in Ontario, assisting with prep work tasks. Frank's tasks include cleaning and prepping trays of sweet potatoes. This was his favorite task and he proudly asked Job Coach Alex to take his picture. Additionally, he used a scale to weigh and portion veggies and pasta. These tasks are different than the tubing jobs he completes in his daily workgroup, but he loved getting out to try new things.

RNI Chatter





RNI Bucks issued for the month of February and March



<u>David Parks</u>, Thank you for helping to clean up the yard of a person served! (Jen Holtz) <u>Teddy Owens</u> for helping her clear the snow off the van for a community outing (Sadie Kyler) **During Community Awareness Day:**

Marilyn Kukowski for organizing and implementing the belt race (Britni Smals)

Karen Al-Farsi for making and passing out goodies (Britni Smals)

Beth Weikle, Ashley Graves, Alecia Howell did a great job explaining the EyeClick and engaging guests with individuals (Britni Smals)

Heather Gibson for conducting Longview tours (Britni Smals)

Shane Hutcheson for conducting 4th Street tours (Britni Smals)

<u>Tom Kyler</u>: As Marilyn was getting all this organized and training new staff, she fell behind on some of her work. Tom pitched right in and helped Marilyn get caught up and with anything else she needed. (Britni Smals)

March Employee Anniversaries

03/13/2008 Jennifer Huffman 17 Years

Natalie Koch 03/27/2008 Years

Nathaniel Crockett 03/22/2017 8 Years

THANK YOU

Jennifer and Natalie for your years of service to RNI, Inc!

Element of Art Studio/Gallery Community Events





PRESENTS



CUT & CREATE



COME CUT, CREATE, & COLLAGE

2ND MONDAY'S 12:00 PM - 1:30 PM

\$5 PER PERSON

96 N MAIN ST., MANSFIELD, OH | 419.522.2965







Look for our paint smocks—we'll have extra



STILL LIFE SERIES AT ELEMENT OF ART STUDIO GALLERY



MONTH 12:00 PM - 1:50 PM SS PER PERSON

FOR MORE INFORMATION ABOUT OUR WEEKLY CLASSES, UPCOMING **EVENTS AND** WORKSHOPS PLEASE VISIT OUR FACEBOOK EVENT PAGE OR OUR WEBSITE!

SAFETY starts with S, but begins with YOU...

RNI Safety TOPIC for March is: Nutrition

National Nutrition Month[®] is an <u>annual campaign</u> created 51 years ago in 1973 by the Academy of Nutrition and Dietetics. During the month of March, everyone is invited to learn about making informed food choices and developing healthful eating and physical activity habits.

This year's theme is "Fuel for the Future." Eating with sustainability in mind is a tasty way to nourish ourselves during every phase of life and protect the environment.

Week 1: Eat with the environment in mind

- Enjoy more plant-based meals and snacks.
- Purchase foods with minimal packaging.
- Buy foods in season and shop locally when possible.



Week 2: See a Registered Dietitian Nutritionist (RDN).

- Ask your doctor for a referral to an RDN.
- Find an RDN who specializes in your unique needs.
- Learn how nutrient needs may change with age.

Receive personalized nutrition information to meet your health goals.

Week 3: Stay nourished and save money.

- Plan your meals and snacks.
- See what food you have at home before purchasing more.
- Use a grocery list and shop sales when purchasing food.

Learn about community resources such as SNAP, WIC and local food banks.

Week 4: Eat a variety of foods from all food groups.

- Include your favorite cultural foods and traditions.
- Eat foods in various forms including fresh, frozen, canned and dried.
- Avoid fad diets that promote unnecessary restrictions.

Practice gratitude for your body by giving it the fuel it needs.

Week 5: Make tasty foods at home.

- Learn cooking and meal preparation skills.
- Try new flavors and foods from around the world.
- Find creative ways to use leftovers rather than tossing them.
- Create happy memories by eating with friends and family when possible.



RNI Chatter

Please LIKE, FOLLOW and SHARE all of our social media pages!

RNI, Inc. (2 locations)

150 East 4th Street Mansfield, OH 44902 419-774-4400

1650 East Southern Avenue Bucyrus, OH 44820 419-563-2180



RNI, Inc. Friends: Let's increase our presence on social media and increase our LIKES on Facebook. LIKE, FOLLOW and SHARE us on Facebook to invite your friends to LIKE us too. <u>UPDATED 3/31/25</u>:

<u>City Garden Café</u> is at 695 FOLLOWERS, can we get to 800 FOLLOWS, 105 FOLLOWERS to go

Element of Art Studio/Gallery is at 2217 FOLLOWERS, can we get 2500 FOLLOWS, 286 FOLLOWERS to go

RNI, Inc. is at 2374 FOLLOWERS, can we get to 2500 FOLLOWS, 126 FOLLOWERS to go

<u>Trillium Event Center</u> is at 1244 FOLLOWERS, can we get to 1500 FOLLOWS, 256 FOLLOWERS to go

Help us increase our social media exposure by liking and sharing our four (4) Facebook pages. City Garden Café, Element of Art Studio/Gallery, Trillium Event Center and RNI. Inc!







WE ARE HIRING

RICHLAND AND CRAWFORD COUNTY LOCATIONS



Locations:

150 East Fourth St. Mansfield, Ohio 44902 1650 E. Southern Ave. Bucyrus, Ohio 44820

Do you want to make a difference in people's lives?

Ready for a Change....Join our Team!

WE ARE HIRING

A listing of open positions can be found at

www.rniinc.com

or by stopping in at one of our locations



Our Mission:

"Empower people with developmental disabilities to live their best life by fostering innovative opportunities through community engagement."

Benefits:

- Flexible Schedules!
- Health, Dental, and Vision (full-time positions)
- Life Insurance (full-time positions)
- Retirement Plan
- Paid Holidays, Vacation and Sick time
- Paid training including First Aid
 & CPR, Defensive Driving